# Gold Country RNN Reach of Channel Utilization for Federal Fiscal Year 05

Channels utilized for services provided

Reporting Period	October 1, 2004 - March 31, 2005		April 1. Septembe:	
Activity	Utilized Channel	Percent of Agencies	Utilized Channel	Percent of Agencies
RNN CONTRACTS	1	100%	1	100%
CHANNELS				
Community Clinics	Yes		No	
Community Youth Organizations	Yes		Yes	
Faith/Church	No		Yes	
Farmers' Markets/Flea Markets	Yes		Yes	
Festivals	Yes		Yes	
Food Closets/Food Pantries	Yes		No	
Food Stamp Offices	Yes		No	
Grocery Stores/Supermarkets	Yes		No	
Head Start	Yes		No	
Healthcare Facilities	No		Yes	
Healthy Start/First Five Commissions	Yes		Yes	
Indian Tribal Organizations	Yes		No	
Internet/Web	Yes		No	
Other Community Based Organizations	Yes		No	
Parks, Recreation Centers	Yes		Yes	
Print	Yes		Yes	
Public Health Department	Yes		Yes	
Radio	No		Yes	
Restaurants/Diners/Catering Trucks	No		Yes	
Schools (K-12)/School Districts	Yes		Yes	
Senior Centers	No		Yes	
Soup Kitchens/Congregate Meal Sites	No		Yes	
Television	No		Yes	
Universities, Community Colleges	No		No	
University California Cooperative				
Extensions	No		Yes	
Web/Other Media	Yes		Yes	
WIC Sites	Yes		Yes	
Worksites/Employers/Labor Groups	No		Yes	
Other RNN TOTALS	No		No	

## Gold Country RNN Reach of Media Advertising Efforts for Federal Fiscal Year 05

Advertising includes any paid or public service placement that has a commercial look and does not contain editorial material. It includes PSA's for radio, TV, paid news print advertising, and outdoor placements such as billboards and bus wraps.

Reporting Period		1, 2004 - 31, 2005	April 1, 2005 - September 30, 2005		Year '	Totals
Type of Advertising	Inputs	Consumer Impressions	Inputs	Consumer Impressions	Total Inputs	Total Consumer Impressions
RNN CONTRACTS	1		1			
TV						
paid TV ads	0	0	0	0	0	0
free TV ads	0	0	1	1,000,000	1	1,000,000
Radio						
paid radio ads	0	0	1	3,000,000	1	3,000,000
free radio ads	0	0	0	5,000,000	0	5,000,000
Print						
paid ads placed	0	0	0	0	0	0
Outdoor						
paid ads placed on billboards, bus stops, or other outdoor advertising	0	0	0	0	0	0
RNN TOTALS	0	0	2	9,000,000	2	9,000,000
Consumer Impressions may be dupli	cate counts					

## Gold Country RNN Reach of Public Relation Efforts for Federal Fiscal Year 05

Public Relations activities are things a program does to generate free news coverage of program activities or issues a program is trying to highlight.

Reporting Period		1, 2004 -	April 1, 2005 -		Year Totals	
reporting remod	March 31, 2005		Septemb	er 30, 2005	ı cur	10000
Type of Advertising	Inputs	Consumer Impressions	Inputs	Consumer Impressions	Total Inputs	Total Consumer Impressions
RNN CONTRACTS	1	1	1	1	1	1
TV						
# Agencies that submitted media alerts or						
tip sheets to TV	1	n/c	1	n/c	2	n/c
# Media alerts or tip sheets submitted	210	n/c	3	n/c	213	n/c
# Agencies that submitted press releases	1	n/c	1	n/c	2	n/c
# press releases submitted	210	n/c	3	n/c	213	n/c
TV stories aired from releases	0	n/c	0	n/c	0	n/c
Total TV interviews conducted	0	n/c	0	n/c	0	n/c
TV stories from interviews	0	0	0	0	0	0
Total number of TV inputs	422	0	8	0	430	0
Radio						
# Agencies that submitted media tip						
sheets to radio	1	n/c	0	n/c	1	n/c
# Media alerts or tip sheets submitted	210	n/c	0	n/c	210	n/c
# Agencies that submitted press releases	0	n/c	0	n/c	0	n/c
# Press releases submitted to radio	0	n/c	0	n/c	0	n/c
Radio Stories from releases	0	n/c	0	n/c	0	n/c
Total # radio interviews conducted	0	n/c	0	n/c	0	n/c
Total # radio interviews aired	0	0	0	0	0	0
Total number of radio inputs	211	0	0	0	211	0
Print				•	•	
# Agencies that submitted any tip sheets				1		
to newspaper	1	n/c	1	n/c	2	n/c
# Media alerts or tip sheets submitted	25	n/c	276	n/c	301	n/c
# Agencies that submitted press releases	1	n/c	1	n/c	2	n/c
# Press releases submitted to print	25	n/c	276	n/c	301	n/c
Total print stories printed	0	0	0	1,000,000	0	1,000,000
Interviews with print outlets	0	n/c	8	n/c	8	n/c
Print Stories from interviews	0	0	3	2,000,000	3	n/c
Total number of print inputs	52	0	565	3,000,000	617	1,000,000
RNN TOTALS	685	Ö	<b>573</b>	3,000,000	1,258	1,000,000
n/c = not collected						
Consumer Impressions may be duplicate c	ounts					

## Gold Country RNN Reach of Media Advocacy Efforts for Federal Fiscal Year 05

Media advocacy describes when media is used to promote a policy agenda. It includes three basic steps: setting the agenda, shaping the debate, and advancing the policy. Media advocacy work has a clear expectation of social change resulting from the efforts.

Reporting Period		1, 2004 - 31, 2005	April 1, 2005 - September 30, 2005		Year '	Γotals
Type of Advertising	Inputs	Consumer Impressions	Consumer Inputs Impressions		Total Inputs	Total Consumer Impressions
RNN CONTRACTS	1		1			
# Feature Articles Submitted	0	n/c	16	n/c	16	n/c
Total Feature Stories Run	0	0	0	0	0	0
# Letters to Editor Submitted	2	n/c	0	n/c	2	n/c
Total Letters to the Editor Run	1	840,000	0	0	1	840,000
Total Editorial Board Meetings						
Attended	0	n/c	0	n/c	0	n/c
RNN TOTALS	3	840,000	16	0	19	840,000

n/c = not collected

#### Gold Country RNN Reach of Sales Promotions Activities for Federal Fiscal Year 05 (Page 1 of 2)

Reporting Period		1, 2004 - 31, 2005	April 1 Septembe	, 2005 - r 30, 2005	Year Totals	
Activity	Number of Events / Activities	Number of Participants (Consumer Impressions)	Number of Events / Activities	Number of Participants (Consumer Impressions)	Total Number of Events / Activities	Total Consumer Impressions
RNN CONTRACTS	1		1			
Grocery Stores		T	T	T		
# taste tests at grocery stores	0	0	103	5,096	103	5,096
# grocery store tours	0	0	93	3,296	93	3,296
# other grocery promotions	0	0	0	0	0	0
Total Grocery Store Events	0	0	196	8,392	196	8,392
Farmer's Markets						
# farmer's market taste tests	0	0	45	26,000	45	26,000
# farmer's market tours	0	0	45	1,575	45	1,575
# other farmers market events	0	0	9	500	9	500
Total Farmers Market Events	0	0	99	28,075	99	28,075
Restaurants						
# taste tests at restaurants	0	0	0	0	0	0
# restaurant tours	0	0	2	610	2	610
# other restaurant promotions	2	205	2	610	4	815
Total Restaurant Events	2	205	4	1,220	6	1,425
School and Worksite						
Food Service		Т		Т	ı	
# cafeteria merchandising	0	0	4	27,875	4	27,875
# menu promotions	0	0	4	27,875	4	27,875
# other school and worksite		0	4	77 075	4	77 075
promotions  Total School and Worksite	0	0	4	27,875	4	27,875
Events	0	0	12	83,625	12	83,625
Reach of Sales Promotions Activit	ies continued on	the next page				

#### **Gold Country RNN** Reach of Sales Promotions Activities for Federal Fiscal Year 05 (Page 2 of 2) April 1, 2005 - September October 1, 2004 - March Reporting Period **Year Totals** 31, 2005 30, 2005 Number of Number of Total Number of **Participants** Number of **Participants Total Number** Events / (Consumer Events / (Consumer of Events / Consumer Impressions) Impressions) Activities Activities Impressions Activity Activities RNN CONTRACTS 1 1 Other Special Events # organized sports events 3 1,150 9 2,560 12 3,710 6 2,075 18 6,386 # health fairs 4,311 24 4 890 2,076 10 2,966 # festivals 6 6 400 5 485 11 885 # community forums # federal food assistance 0 0 0 0 0 0 0 0 0 0 0 0 # walk to school # TV turn off 0 0 2 650 2 650 1 500 0 0 500 # radio remotes 1 0 0 0 0 0 0 # of other events **Total Special Events** 20 5,015 40 10,082 60 15,097 22 136,614 **RNN TOTALS** 5,220 351 131,394 373

# Gold Country RNN Reach Personal Sales for Federal Fiscal Year 05 (Page 1 of 4)

Personal sales are most like traditional nutrition education. Classes are defined as a single class and/or each lesson in a series of separate lessons or professional development sessions. Participation in one class is the sum of individuals attending a single class or one lesson in a series. In a series of classes, each class must be in/alluded in the total number of impressions. Materials distribution is also considered a "personal sales" activity. Please write the name of each item distributed and the number that was distributed.

Demonstruct Demical	October 1, 2004 -		April 1, 2005 -		Year Totals		
Reporting Period	March 3	31, 2005	Septembe	r 30, 2005	1 car 10tais		
Activity	Number of Classes / Activities	Number of Participants (Consumer Impressions)	Number of Classes / Activities	Number of Participants (Consumer Impressions)	Total Number of Classes / Activities	Total Consumer Impressions	
RNN CONTRACTS	1		1				
Classes and Trainings							
# nut ed classes conducted	76	60,111	1,962	77,729	2,038	137,840	
# provider training classes	3	47	5	63	8	110	
# nutrition decathlon	5	1,200	75	21,423	80	22,623	
# pa-nut class	0	0	0	0	0	0	
# "other" classes	0	0	0	0	0	0	
Total Classes and Trainings	84	61,358	2,042	99,215	2,126	160,573	
	2,200						

Reach of Network Personal Sales Activities for RNNs on the following page

2 12		old Count	•	0 <b>.</b> (D. 0	<b>6</b> 4)		
Reach Pe	orsonal Sales for Federal 1 October 1, 2004 - March 31, 2005			, 2005 -	<u>,                                      </u>	Year Totals	
Activity	Quantity Distributed	Consumer Impressions	Quantity Distributed	Consumer Impressions	Total Quantity Distributed	Total Consumer Impressions	
RNN CONTRACTS	1		1				
Materials Distributed							
Newly Developed Materials							
# curriculums and lessons developed	0	n/c	0	n/c	0	n/c	
# promotional items developed	0	n/c	0	n/c	0	n/c	
# other items developed	0	n/c	0	n/c	0	n/c	
Total Newly Developed Materials	0	n/c	0	n/c	0	n/c	
Previously Developed Materials							
# curriculums and lessons previously developed # promotional items previously	60	n/c	5	n/c	65	n/c	
developed	5,643	n/c	1,320	n/c	6,963	n/c	
# other items previously developed	29,509	n/c	40,516	n/c	70,025	n/c	
Total Previously Developed Materials	35,212	n/c	41,841	n/c	77,053	n/c	
Other Nutrition Materials, Non-Network Produced							
# Other Program curriculum previously developed	0	n/c	0	n/c	0	n/c	
# Other Program promotional item previously developed	0	n/c	0	n/c	0	n/c	
# Other Program other types of materials previously developed	0	n/c	0	n/c	0	n/c	
Total Other Nutrition Materials, Non-Network Produced	0	n/c	0	n/c	0	n/c	
n/c = not collected		TAT .1 0.23					
Reach of Network Personal Sales Ac	tivities for RN	Ns on the follo	wing page				

#### Gold Country RNN Reach Personal Sales for Federal Fiscal Year 05 (Page 3 of 4)

Reporting Period		October 1, 2004 - April 1, 2005 - Year Total March 31, 2005 September 30, 2005		Totals		
Activity	Quantity Distributed	Consumer Impressions	Quantity Distributed	Consumer Impressions	Total Quantity Distributed	Total Consumer Impressions
RNN CONTRACTS	1		1			
Food Stamp Materials						
Changing the Scene	0	n/c	0	n/c	0	n/c
Nutrition Nibbles	2	n/c	0	n/c	2	n/c
Fruits and Vegetables Galore	0	n/c	0	n/c	0	n/c
Other	0	n/c	0	n/c	0	n/c
Total Food Stamp Materials	2	n/c	0	n/c	2	n/c

n/c = not collected

Reach of Network Personal Sales Activities for RNNs on the following page

Gold Country RNN							
Reach F	Personal Sales	for Federal	Fiscal Year	05 (Page 4 o	f 4)		
Reporting Period		1, 2004 - 31, 2005	_	, 2005 - r 30, 2005	Year Totals		
	Widicii	1, 2003	Берестве	1 50, 2003		Total Internet	
		Internet Hits		Internet Hits		Hits	
	Number of	(Duplicate	Number of	(Duplicate	Total Number	(Duplicate	
Activity	Websites	Count)	Websites	Count)	of Websites	Count)	
RNN CONTRACTS	1		1				
Internet							
# Websites	1	n/a	1	n/a	n/a	0	
Total Internet	1	n/a	1	n/a	n/a	0	
RNN TOTALS	35,299	61,358	43,884	99,215	79,181	160,573	
n/a = not applicable							

#### Gold Country RNN

#### Reach of Environmental Change Efforts for Federal Fiscal Year 05 (Page 1 of 2)

Environmental change includes changes to the economic, social or physical environments.

Reporting Period	October :	1, 2004 -	April 1, 2005 -		
rehorning Lettor	March 3	1, 2005	September 30, 2005		
	Support Policy	Percent of	Support Policy	Percent of	
Activity	Change	Agencies	Change	Agencies	
RNN CONTRACTS	1	100%	1	100%	
ENVIRONMENT					
Developed and maintained partnerships to					
work towards environmental change	Yes		Yes		
Developed/maintained school or community					
garden	Yes		No		
Encouraged restaurants and grocery stores to					
carry culturally appropriate foods and					
healthier choices	Yes		Yes		
Improved access and appearance of stairwells	Yes		Yes		
Improved food choices in cafeterias and					
worksites	Yes		Yes		
Improved transportation to and from	N		27		
markets Increased daily nutrition announcements,	No		No		
· · · · · · · · · · · · · · · · · · ·	V		V		
tips and posters in schools and worksites Increased distribution and access to fruits	Yes		Yes		
and vegetables in local stores	No		No		
Increased fruits and vegetables at group	110		110		
functions	Yes		Yes		
Increased lighting, paths, times to promote					
biking and walking	No		No		
Increased promotion of and access to					
information for federal food assistance					
programs	Yes		Yes		
Initiated/Implemented farmers' market,					
coop, CSA or other agriculture related					
environmental change	No		No		
Initiated/Implemented school salad bar					
program	Yes		Yes		
Limited access to high fat milk products	Yes		No		
Limited access to soda	Yes		Yes		
Limited access to unhealthy foods	Yes		Yes		
Made healthy snack carts available	Yes		Yes		
	103		103		
-	Yes		Yes		
Replaced vending machine choices with healthier foods  RNN TOTALS	Yes		Yes		

#### RNN TOTALS

Policy, Systems & Environment changes continue on the next page.

# Gold Country RNN Reach of Policy Change Efforts for Federal Fiscal Year 05 (Page 2 of 2)

Policies include laws, regulations and rules (both formal and informal). Examples: school board food policies banning the sale of soda and junk food on school campuses; organizational rules that provide time off during work hours for physical activity.

Reporting Period	October March 3	•	April 1, September	
Activity	Support Policy Change	Percent of Agencies	Support Policy Change	Percent of Agencies
RNN CONTRACTS	1	100%	1	100%
POLICY				
Adopt local policies that require sidewalks, bike paths and safe routes	Yes		Yes	
Establish policies that make after school programs are available and promote	Yes		Yes	
nutrition and physical activity  Established commercial free schools	Yes		Yes	
Established policies about serving healthier foods at meetings or event	Yes		Yes	
Established policies regarding food stamps, food security or food banks	Yes		Yes	
Established policies that decreased unhealthy foods and beverages at schools	Yes		Yes	
Established policies that ensure implementation of physical education in K-12	Yes		Yes	
Established policies that require at least 50% of food in school food service are healthy options	Yes		Yes	
Established policies to encourage development of healthy food vendors	Yes		Yes	
Ratified rules to promote physical activity	No		Yes	
Worked with Farmers' Markets to increase participation in food assistance programs	Yes		Yes	
Worked with groups for policy agenda	Yes		Yes	
Worked with Farmers' Markets to increase participation in food assistance programs	Yes		Yes	